



JOHN HUNT PUBLISHING

CATALOGUE

Top 20 Bestsellers – Turnover

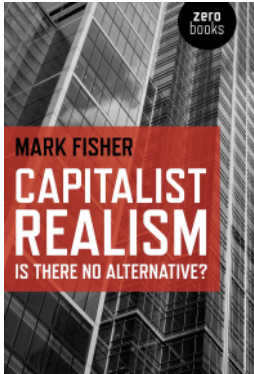
(Revised March 2021)



3	CULTURE & POLITICS
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*Format is H8.5xW5.5 inches/H216xW140mm unless otherwise stated.

*Publication is always on the last Friday of the month except December when it may vary.



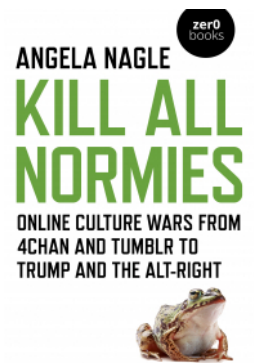
Capitalist Realism

Mark Fisher

Using examples from politics, film, fiction, work and education, Mark Fisher argues that capitalist realism colours all areas of contemporary experience, is anything but realistic and asks how capitalism and its inconsistencies can be challenged. It is a sharp analysis of the post-ideological malaise that suggests that the economics and politics of free market neo-liberalism are givens rather than constructions.

'A provocative and necessary read for anyone wanting to talk seriously about the politics of education today.' **Times Higher Educational Supplement**

Zero Books; 2009-11-27; Political Ideologies (General)/Popular Culture/Political; Pb-9781846943171, \$14.95/£7.99, 92pp, 5.5x8.5inches / 216x140mm, Ebk-9781780997346, \$11.99/£5.99.



Kill All Normies

Angela Nagle

How internet subcultures are conquering the mainstream, from 4chan and Tumblr to Trump and the alt-right.

'This short head-butt of a book taught me more about recent political events in a single rich evening of reading than I've learned in this entire last and very unpleasant year of obsessively monitoring cable TV, and confirmed for me something I've been feeling for a while now, namely that social media is a toxin we are gleefully and cluelessly injecting into ourselves, even as we ask, 'Why are we getting so mean and stupid?' **George Saunders, winner of the 2017 Man Booker Prize**

Zero Books; 2017-06-30; Social Networking/Popular Culture/Cultural & Social; Pb-9781785355431, \$16.95/£9.99, 136pp, 8.5x5.5inches / 216x140mm, Ebk-9781785355448, \$12.99/£7.99.



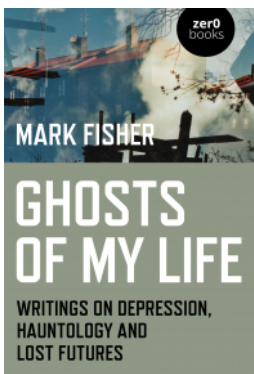
In the Dust of This Planet

Eugene Thacker

Supernatural horror defined as the thought of the unthinkable. In this bestselling book, Eugene Thacker suggests that we look to the genre of horror as offering a way of thinking about the unthinkable world.

'Thacker's discourse on the intersection of horror and philosophy is utterly original and utterly captivating...treating us to a delightful stroll down a midway of accursed attractions that alone are worth the ticket of this volume.' **Thomas Ligotti, author of The Conspiracy Against the Human Race**

Zero Books; 2011-08-26; Criticism/Gothic & Romance; Pb-9781846946769, \$19.95/£11.99, 184pp, 5.5x8.5inches / 216x140mm, Ebk-9781780990101, \$14.99/£8.99.



Ghosts of My Life

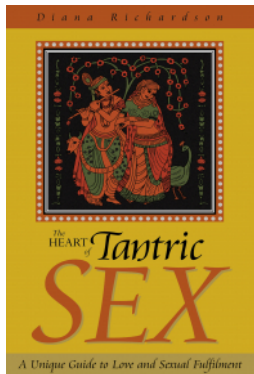
Mark Fisher

This collection of writings by Mark Fisher, author of the acclaimed *Capitalist Realism*, argues that we are haunted by futures that failed to happen. Fisher searches for the traces of these lost futures in the work of David Peace, John Le Carré, Christopher Nolan, Joy Division, Burial and many others.

'Mark Fisher is our most penetrating explorer of the connections between pop culture, politics, and personal life under the affective regime of digital capitalism.' **Simon Reynolds, author of Retromania**

Zero Books; 2014-05-30; History & Criticism/Popular Culture/ART (General); Pb-9781780992266, \$22.95/£12.99, 245pp, 5.5x8.5inches / 216x140mm, Ebk-9781782796244, \$16.99/£9.99.

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Heart of Tantric Sex

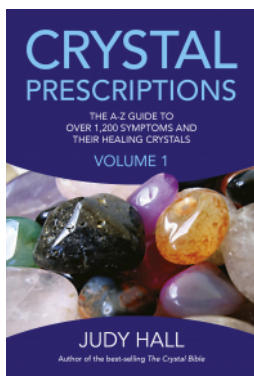
Diana Richardson

Bestselling classic by Diana Richardson, one of the world's leading authorities on human sexuality.

"After many years of exploration, Diana Richardson found that the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here she has adapted Tantra for modern Western lovers in a practical, sympathetic way. Tantric Sex can transform your experience into a more sensual, loving and fulfilling one. One of the most revolutionary books on sexuality ever written."

Ruth Ostrow, Sex, Relationship and Spirituality journalist, News Ltd.

O-BOOKS; 2003-12-04; Spiritual/Sexual Instruction; Pb-9781903816370, \$19.95/£9.99, 256pp, 5.5x8.5inches / 5.5x8.5mm, Ebk-9781846946370, \$14.99/£7.99.



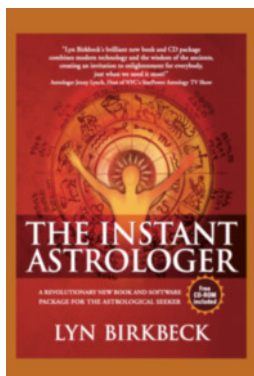
Crystal Prescriptions

Judy Hall

This symptom-based A-Z directory by Judy Hall, author of the best-selling The Crystal Bible, will help you to identify exactly the right crystal for your needs, whether for healing of the mind, body, psyche or spirit, and will point you to useful stones for improving vitality and well-being, and for balancing the chakras. Listing over 1,200 symptoms, it is a practical first-aid guide based on sound crystal healing principles that have been practised for millennia.

"Author of the excellent The Crystal Bible, Judy Hall is truly a master of her subject and the book is a clever idea well executed." **Paradigm Shift**

O-BOOKS; 2006-10-24; Alternative Therapies/Crystals; Pb-9781905047406, \$15.95/£9.99, 172pp, 5.125x7.5inches / 190x130mm, Ebk-9781846946295, \$9.99/£6.99.



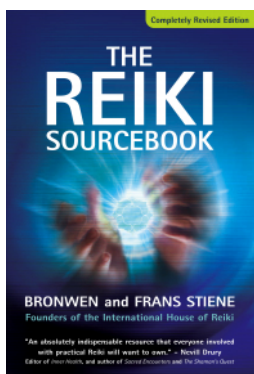
Instant Astrologer

Lyn Birkbeck

The Instant Astrologer is the most comprehensive astrology package available for astrologers everywhere at a readily affordable price.

"Lyn is one of those rare astrologers who combines profound personal information with an accessible style designed to empower his readers to do it for themselves. This ground-breaking combination of software and book will enable people to look deeply into themselves and their relationships with others. Lyn knows the magic that comes from giving people the freedom to follow their own investigations." **Richard Beaumont, Kindred Spirit Magazine**

Dodona Books; 2003-12-04; Astrology (General)/Handbooks & Manuals; .



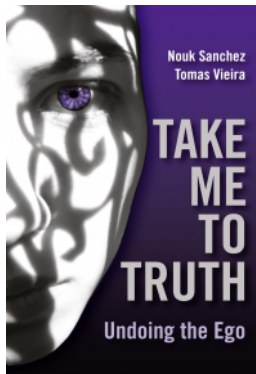
Reiki Sourcebook (revised ed.), The

Bronwen Stiene & Frans Stiene

The definitive manual for teacher, student and general reader alike. The most comprehensive book on the system of Reiki ever published, this book will become an invaluable asset for Reiki novices, students and teachers alike.

"The Reiki Sourcebook is a great general resource that should be on every Reiki practitioner's bookshelf. Topics explored range from basic information and the history of Reiki through courses and an explanation of the complexity of lineages to specific Japanese and Western Reiki techniques." **Tami Brady, TCM Reviews**

AYNI BOOKS; 2009-01-30; Handbooks & Manuals/Energy (Qigong, Reiki, Polarity); Pb-9781846941818, \$24.95/£12.99, 448pp, 5.5x8.5inches / 5.5x8.5mm, Ebk-9781846946486, \$14.99/£7.99.



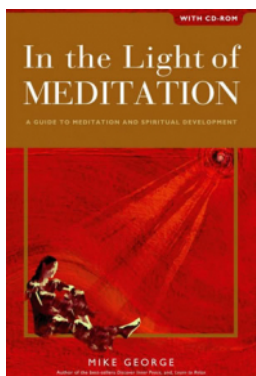
Take Me To Truth

Tomas Vieira & Nouk Sanchez

Take Me To Truth is the first book to present a practical guide to the six stages involved in shedding our distorted ego perception. It explains why our search for real happiness has eluded us and how to perceive the Love for which we all yearn so deeply.

"Take Me To Truth is *not just a book - it's a revelation*. Nouk Sanchez is a gifted spiritual teacher who knows what she is talking about and has a good idea of how to communicate her knowledge. The writing of Nouk and Tomas is uncompromising, exciting and strikingly consistent." **Gary R Renard, author of The Disappearance of the Universe**

O-BOOKS; 2007-09-28; Spirituality/Theosophy/Channeling & Mediumship; Pb-9781846940507, \$19.95/£12.99, 295pp, 5.5x8.5inches / 216x140mm, Ebk-9781846946547, \$9.99/£6.99.



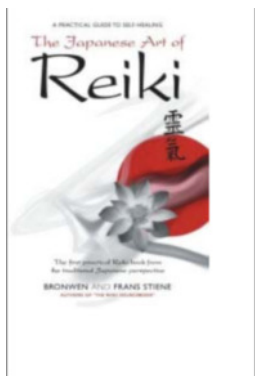
In the Light of Meditation

Mike George

In the Light of Meditation offers an introduction to the art and practice of meditation while laying down the foundations for ongoing spiritual development. A series of ten lessons provide specific insights into Raja Yoga, with practical exercises to complement and to help your understanding of the method and underlying teachings.

"A classy book. A gentle yet satisfying pace and is beautifully illustrated." **Brainwave**

MANTRA BOOKS; 2003-12-04; Motivational & Inspirational/Mindfulness & Meditation; .



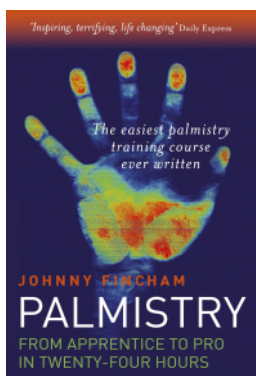
Japanese Art of Reiki

Bronwen Stiene & Frans Stiene

The first practical Reiki book from the traditional Japanese perspective. This fully-illustrated book traces the systems evolution from a spiritual self-development system to a direct hands-on practice.

"The first Reiki book of its kind to look at the fundamentals of the system of Reiki from a Japanese perspective. Perfect for those wanting to learn about Reiki from a traditional approach and for those who would like to find more depth in their current Reiki practise. Your mind, body and spirit will enjoy this special journey together." **Li Yong, Qi Gong Master and celebrated Chinese author**

AYNI BOOKS; 2005-04-21; Personal & Practical Guides/Reference/Energy (Qigong, Reiki, Polarity); Pb-9781905047024, \$19.95/£12.99, 208pp, 5.5x8.5inches / 5.5x8.5mm, Ebk-9781846946400, \$11.99/£7.99.



Palmistry: From Apprentice to Pro in 24 Hours

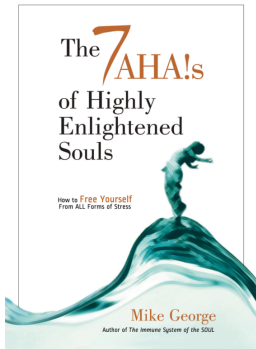
Johnny Fincham

Ever wanted to learn palmistry but been confused by the mumbo-jumbo?

This no-nonsense book is for everyone and the most innovative approach to the subject in the last two hundred years. It draws on groundbreaking scientific research into individual fingerprint patterns and is illustrated with images of actual hands, including those of Einstein, ex-UK prime minister Tony Blair, and the hands of various celebrities.

"Wonderful - the palmist of the stars." **Denise Van Outen**

Dodona Books; 2007-08-24; Personal & Practical Guides/Palmistry; Pb-9781846940477, \$16.95/£9.99, 240pp, 5.5x8.5inches / 216x140mm, Ebk-9781846946448, \$9.99/£5.99.



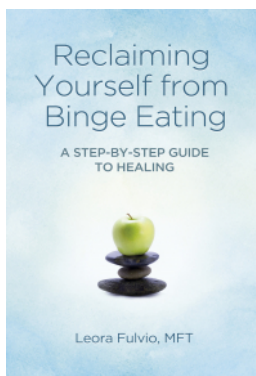
7 Aha's of Highly Enlightened Souls

Mike George

7 moments of profound insight into our own lives, which we can all reach, which will open us to new ways of seeing our problems and our potential. With thousands of insights now flooding the marketplace of spiritual development how do we begin to decide where to start our 'spiritual journey'?

"A very profound, self-empowering book. Each page bursting with wisdom and insight. One you will need to read and reread over and over again!" **Paradigm Shift**

O-BOOKS; 2003-12-04; Motivational & Inspirational/Inspiration & Personal Growth; Pb-9781903816318, \$11.95/£5.99, 128pp, 7.5x5.3inches / 7.5x5.3mm, Ebk-9781846946813, \$6.99/£3.99.



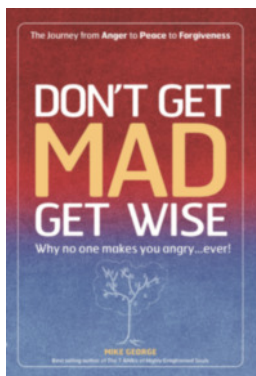
Reclaiming Yourself from Binge Eating

Leora Fulvio, MFT

Are you one of the millions of people suffering from Binge Eating Disorder? Are you caught in the trap of binge eating, emotional eating, mindless eating, and diet obsession? This book will help you to stop binge eating right now.

"Leora Fulvio takes the mystery out of binge eating in her wonderful new book. Reclaiming Yourself from Binge Eating is readable, engaging and eye-opening. Ms. Fulvio obviously cares about people who binge eat and knows how to help them stop, heal and reclaim personhood through health and freedom. I highly recommend this book." **Joanna Poppink, MFT Los Angeles Psychotherapist**

AYNI BOOKS; 2014-03-28; Mental Health/Weight Loss/Women's Health; Pb-9781780996806, \$26.95/£15.99, 340pp, 8.5x5.5inches / 216x140mm, Ebk-9781780996813, \$15.99/£9.99.



Don't Get MAD Get Wise

Mike George

We all have some anger in our hearts, and it corrodes relationships everywhere, from the individual to the international. But anger is never healthy or justified. This is not a book about moderating or transforming our anger, but getting rid of it.

After The Power of Now, I thought I would never find another self-help book that was even a quarter as useful as that. I was wrong. Mike George's book on anger, like a Zen master's teaching, is simple yet profound. This isn't one of those wishy-washy books about forgiving people. It's just the opposite... a spiritually powerful little book." **Marian Van Eyk, Living Now Magazine**

O-BOOKS; 2006-09-29; Inspiration & Personal Growth/Motivational & Inspirational; Pb-9781905047826, \$14.95/£7.99, 160pp, 5.5x8.5inches / 5.5x8.5mm, Ebk-9781846946851, \$8.99/£4.99.

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THE FALL

The Insanity of the Ego in Human History
and the Dawning of a New Era



STEVE TAYLOR
New Edition with Afterword

Fall, The (new edition with Afterword)

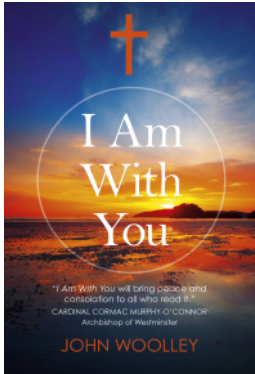
Steve Taylor

A new edition of Steve Taylor's bestselling classic, in which the author provides an Afterword, including research developments that have occurred since the book was first published in 2005.

"The Fall is one of the most notable works of the first years of our century, and I am convinced it will be one of the most important books of the whole century." **Elias Capriles, International Journal of Transpersonal Studies**

Iff Books; 2018-06-29; New Thought/History/Cultural & Social; Pb-9781785358043, \$22.95/£14.99, 360pp, 8.5x5.5inches / 216x140mm, Ebk-9781785358050, \$17.99/£10.99.

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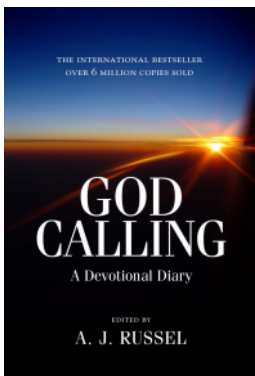
I Am With You (Paperback)

John Woolley

First published in 1985, and now in its 10th printing, *I Am With You* has been the best-selling devotional in the UK since then. These words of divine encouragement were given to John Woolley in his work as a hospital chaplain, and have since inspired and uplifted tens of thousands, even changed their lives.

"*I Am With You will bring peace and consolation to all who read it.*" **Cardinal Cormac Murphy-O'Connor, Archbishop of Westminster**

Circle Books; 2005-01-20; Inspiration & Personal Growth/Devotional; Pb-9781903816998, \$12.95/£6.99, 280pp, 4x6inches / 150x100mm, Ebk-9781780994857, \$9.99/£6.99.



God Calling

A. J. Russell

First published in 1935 and consistently one of our top sellers, with over 6 million sales worldwide. Those who have suffered pain and worry know how hard it is to write of serenity within. The message of comfort and hope that breathes through the pages of *God Calling* was forged out of adversity, and as a result has touched the hearts of millions, making this one of the bestselling devotional books of all time.

Circle Books; 2005-10-20; Christianity (General)/Inspiration & Personal Growth/Devotional; Ebk-9781780994864, \$9.99/£6.99.

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Relax Kids: The Wishing Star

Marneta Viegas

Using guided meditations based around traditional stories this is a gentle and fun way of introducing older children to the world of meditation and relaxation.

"Relax Kids is a source of brilliantly imaginative meditations so sensitively and creatively written and beautifully illustrated. This inspiring book is a wonderful resource for teachers and parents, who will be able to use it to help children nurture their spiritual worlds of thought and feelings." **Neil Hawkes, Senior Education Advisor Oxfordshire County Council**

Our Street Books; 2014-11-28; Mindfulness & Meditation/Adaptations/Body, Mind & Spirit; Pb-9781782798705, \$14.95/£9.99, 128pp, 8.5x5.5inches / 216x140mm.



Relax Kids: Aladdin's Magic Carpet

Marneta Viegas

Using well-known and loved fairy stories, this is a gentle and fun way of introducing children to the world of meditation and relaxation. It is designed to counteract some of the tensions with which we are all familiar at the end of a busy day, and offer parents and children, from 3 upwards, some quality time to relax and share together.

"Relax Kids is so yummy - I love the meditations myself and certainly intend to try them on every kid in my life. They work for me so why not for them!" **Lynne Franks, PR guru, author of The Seed Handbook**

Our Street Books; 2014-11-28; Mindfulness & Meditation/Adaptations/Body, Mind & Spirit; Pb-9781782798699, \$14.95/£9.99, 120pp, inches / 216x140mm.

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Zero Books

	9781846943171	Capitalist Realism	Mark Fisher	\$14.95	£7.99
	9781785355431	Kill All Normies	Angela Nagle	\$16.95	£9.99
	9781846946769	In the Dust of This Planet	Eugene Thacker	\$19.95	£11.99
	9781780992266	Ghosts of My Life	Mark Fisher	\$22.95	£12.99

O-BOOKS

	9781903816370	Heart of Tantric Sex	Diana Richardson	\$19.95	£9.99
	9781905047406	Crystal Prescriptions	Judy Hall	\$15.95	£9.99

Dodona Books

	9781905047406	Instant Astrologer	Lyn Birkbeck	\$15.95	£9.99
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AYNI BOOKS

	9781846941818	Reiki Sourcebook (revised ed.), The	Bronwen Stiene & Frans Stiene	\$24.95	£12.99
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O-BOOKS

	9781846940507	Take Me To Truth	Tomas Vieira & Nouk Sanchez	\$19.95	£12.99
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MANTRA BOOKS

	9781846940507	In the Light of Meditation	Mike George	\$19.95	£12.99
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AYNI BOOKS

	9781905047024	Japanese Art of Reiki	Bronwen Stiene & Frans Stiene	\$19.95	£12.99
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Dodona Books

	9781846940477	Palmistry: From Apprentice to Pro in 24 Hours	Johnny Fincham	\$16.95	£9.99
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O-BOOKS

	9781903816318	7 Aha's of Highly Enlightened Souls	Mike George	\$11.95	£5.99
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AYNI BOOKS

	9781780996806	Reclaiming Yourself from Binge Eating	Leora Fulvio, MFT	\$26.95	£15.99
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O-BOOKS

	9781905047826	Don't Get MAD Get Wise	Mike George	\$14.95	£7.99
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Iff Books

	9781785358043	Fall, The (new edition with Afterword)	Steve Taylor	\$22.95	£14.99
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Circle Books

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	9781903816998	God Calling	A. J. Russell	\$12.95	£6.99

Our Street Books

	9781782798705	Relax Kids: The Wishing Star	Marneta Viegas	\$14.95	£9.99
	9781782798699	Relax Kids: Aladdin's Magic Carpet	Marneta Viegas	\$14.95	£9.99



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